

# *Université de Pau et des Pays de l'Adour (UPPA) In France*

Fact Sheet 2025/2026 For exchange students Erasmus study

UNION EUROPÉENNE	RÉPUBLIQUE FRANÇAISE	Erasmus+ Enrichit les vies, ouvre les esprits.
UNION EUROPÉENNE		

INSTITUTIONAL DETAILS		
Name	Université de Pau et des Pays de l'Adour (UPPA)	
Main campus address	Université de Pau et des Pays de l'Adour Avenue de l'Université - BP 576 64012 PAU Cedex - France	
Website	http://www.univ-pau.fr http://ri.univ-pau.fr/	
Telephone and e-mail address	Tel: + 33 5 59 40 70 54 E-mail: relations.internationales@univ-pau.fr	
Erasmus ID Code OID	<b>F PAU01</b> E10208708	

INTERNATIONAL RELATIONS OFFICE	
Address	Direction des Relations Internationales Université de Pau et des Pays de l'Adour Présidence - Avenue de l'Université BP 576 64012 PAU Cedex – France
Website for Erasmus+ information	Come to UPPA with Erasmus program
Marielle PEYRET	Contact person for Erasmus Bilateral Agreements
Director	E-mail: marielle.peyret@univ-pau.fr
	Tel: + 33 5 59 40 70 59
Blandine DAGUERRE	Contact person for Erasmus Bilateral Agreements
Erasmus Institutional Coordinator	E-mail: erasmus-coordinator@univ-pau.fr
Sonia TURQUET	E-mail: outgoing-students@univ-pau.fr
Outgoing Erasmus Students	Tel: + 33 5 59 40 70 56
Marielle PLUMET	E-mail: incoming-students@univ-pau.fr
Incoming Erasmus Students	Tel: + 33 5 59 40 70 55
International Agreements	E-mail: international-agreements@univ-pau.fr

ACADEMIC INFORMATION - NOMINATION / APPLICATION PROCESS	
Nomination and application deadlines	Autumn semester and Full year:  Nomination deadline for partners: May 15 Application deadline for students: June 15 Spring semester: Nomination deadline for partners: November 1st Application deadline for students: November 15
Nomination and application process	Students have to be nominated through the coordinator of their home university. We send an email twice a year to explain our process: nominations and applications must be done on the online application Mobility Online.
Registration at UPPA	Before their arrival students must end the registration process online as explained by the International Relations Office of UPPA. Students will receive the UPPA student number and the credentials for online services.
Semester and exam calendar	For most classes, the Academic Year is divided into two semesters: Semester 1: classes are from September to mid-January (Autumn semester); Semester 2: classes are from mid-January to the end of May (Spring semester). Our academic calendar is available on: UPPA calendar
Academic levels offered to exchange students	Undergraduate, Postgraduate, Doctoral (PhD).
Languages of instruction	Mainly French and some Masters in English: UPPA International Master Programs
Language requirements for exchange students	French: B2 is recommended / B1 is accepted. A confirmation issued by the university of origin regarding the student's language skills at the required level (B2) is accepted. It can be a letter written and signed by a French teacher.
French courses	Intensive preparatory French language course at the end of August and during the first week of September (about 10 to 15 hours during the orientation programme).  Placement test and language courses of all levels are offered during the semester by the IEFE in Pau and the CRL in Anglet/Bayonne <a href="https://iefe.univ-pau.fr">https://iefe.univ-pau.fr</a>
Information on courses and courses catalogue	UPPA courses <u>UPPA courses catalogue</u>
Campuses	UPPA has several campuses located in: Pau, Bayonne, Anglet, Mont-de-Marsan and Tarbes UPPA campuses

### WELCOME AND ORIENTATION WEEK FOR ERASMUS AND INTERNATIONAL STUDENTS

The University offers an orientation week at the beginning of semester 1 with cultural and sports activities and also free French courses for Erasmus students.

The student will get a student ID number during the introduction day. With the student ID number, the student will be able to create a computer account, which gives him/her access to the UPPA digital work space ("portail ENT") where the student can find all information about his/her education; register to courses, schedules, exams, signing up for exams, print out certificates etc.

GRADING SYSTEM		
ECTS awarded	Definition:	
Yes	Excellent: outstanding result, only a few minor faults	
Yes	Very good: result above average despite a certain number of faults	
Yes	Good: work of a good standard but with significant faults	
Yes	Satisfactory: work of a fair standard but with major shortfalls	
No	Pass: results that satisfy the minimum criteria	
No	Unsatisfactory: extra work is needed before credits can be awarded	
No	Unsatisfactory: considerable extra work is required	
	Yes Yes Yes Yes No	

One semester: 30 ECTS credits - One full academic year: 60 ECTS credits.

### TRANSCRIPT OF RECORDS

Students can obtain their UPPA transcript of records on their own digital workspace.

The Transcript of Records will be sent to the student and to the home institution by mail. The original document will be sent by ordinary mail only on request.

About our university	The UPPA has four campuses located in the South West of France: Pau, Bayonne-Anglet, Mont-de-Marsan, Tarbes. Students must select one campus according to the Erasmus agreement. All classes take place on a single campus Number of students: about 14 000 students.
Insurance requirements	Students must bring their own insurance (European Health Insurance Card or similar) and cover for travel-repatriation and civil liability.
Visa	Students coming from countries needing a VISA must obtain it by their own means, using the acceptance letter sent from our university.
International Student Guide	The International Student Guide with all the relevant information about studying at UPPA is available on our website:
	UPPA international-welcome-desk
Procedure for incoming Erasmus+ students	Venir-à-l-université-mobilité-sur-programme

PRACTICAL INFORMATION - MISCELLANEOUS	
Students with disabilities	UPPA has been active for many years to offer students with disabilities equal opportunities in their right to education.  Please contact UPPA International Office via incoming-students@univ-pau.fr
Accommodation	Accommodation in France
Cost of accommodation per month	Between 245 euros and 350 euros.
Public transport cost	Monthly ticket: 15 euros (for people under 30 years old).  1,50 euro if you buy your ticket on the bus.
Average meal cost on the campus	3,50 euros / meal at the cafeteria on the campus.
Link to videos and flyer	"Studying at UPPA": UPPA presentation  UPPA through its values  UPPA presentation leaflet
UPPA Summer schools	https://formation.univ-pau.fr/fr/catalogue/summer-winter-schools.html
Cancelation of application	Please contact UPPA International Office via incoming-students@univ-pau.fr

# Aerial photo of the UPPA campus in the city of Pau in France



UPPA campus in the city of Tarbes in France



UPPA campus in the city of Bayonne in France









# Map of France

